## National Technical Assistance Center

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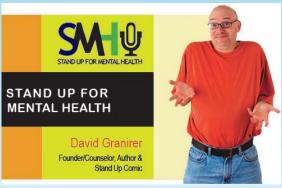
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This presentation is made possible by grant funding from



## WEBINAR

## **Stand Up For Mental Health** with David Granirer



Most people think you have to be nuts to do stand-up comedy. We offer it as a form of therapy! David Granirer counselor, stand-up comic and author of The Happy Neurotic: How Fear and Angst Can Lead to Happiness and Success, created and leads Stand Up For Mental Health (SMH). David teaches stand up comedy to people with mental illness as a way of building their

confidence and fighting public stigma, prejudice, and discrimination. Our shows look at the lighter side of taking meds, seeing counsellors, getting diagnosed, and surviving the mental health system. We perform at conferences, treatment centers and psych wards in partnership with numerous mental health organizations. SMH performs in Prisons, on Military Bases and University and College Campuses, at Government, Corporate and Community fundraisers and Forums, and Most Importantly, for the General Public across Canada and the US.

Thursday, January 19, 2012 11:00 a.m.- 12:30 p.m. Pacific 2:00 p.m.- 3:30 p.m. Eastern The 90 minute module provides ample time for questions and discussion. To receive an invitation to register for this event, send an e-mail to: rsvppeerlink@gmail.com with 'Stand Up For Mental Health' as the subject.

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