

To learn more about the program and to register:



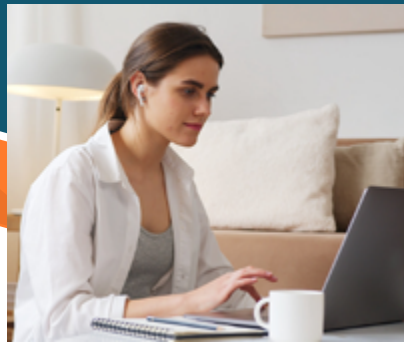
VeteransPeerSupport.ca



info@VeteransPeerSupport.ca
info@mdsc.ca



Call/Text: (613) 921-5565



Peer Support Training for Ontario Veterans & their Family Members



Mood Disorders Society of Canada
Société pour les troubles de l'humeur du Canada
www.mdsc.ca



Mood Disorders Society of Canada
Société pour les troubles de l'humeur du Canada

Mood Disorders Society of Canada (MDSC) is a national charitable mental health organization.

MDSC has evolved to become one of Canada's best-connected mental health Non-Governmental Organizations.

Visit our websites for mental health resources, programs and tools to support your wellness.



Funding is provided by True Patriot Love Foundation.

TRUE PATRIOT LOVE

CANADA'S FOUNDATION FOR THE MILITARY COMMUNITY

Ontario Veterans Peer Support Program

About the Program

'Hope is the starting point from which a journey of recovery must begin'. This is the foundation of peer support.

This program provides peer support training to Veterans and their Families in the province of Ontario.

Peer Support Training

Ontario Veterans and their Family Members can enroll in our virtual peer support training. Programs are regularly scheduled for your convenience.

This impactful course provides you with the skills and resources to guide your development as a peer supporter.

This training is delivered by MDSC's Peer and Trauma Support Services Team. It focuses on the 'persons – centered approach'



The program is built upon three themes.

1. Understanding the fundamental principles of peer support
2. The social and historical context of peer support
3. Concepts and methods that promote peer support.

MDSC's Peer and Trauma Support Systems (PATSS)



Exceptional members representing a vast array of professions and backgrounds leading an international peer support guidance and training program developed in Canada.

VeteransPeerSupport.ca