The COVID-19 pandemic has...

70%

Worsened personal

62% Reduced access to mental health mental health care services

19%

Increased mental health care service options

60%

DO NOT believe that

governments have made access to mental health care services in the community a priority since the beginning of the pandemic

Types of Health Coverage

provincial & private 46% (50% in 2015) provincial alone 42% (39% in 2015)

private alone 8% (7% in 2015) none 4% (4% in 2015)

72%

overall face

financial

barriers

to access

required

treatment

(68% in 2015)

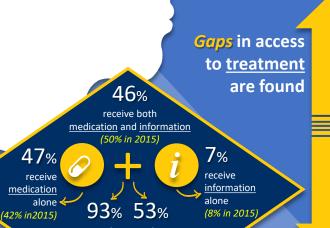
88%

have provincial health coverage overall (89% in 2015)

54% have private health coverage overall 63%

of those with private health care overall say that the coverage is **inadequate** for the mental health care they need (54% in 2015)

MENTAL HEALTH CARE SYSTEM



receive receive medication information

overall overall (92% in (58% in 2015) 2015)

19%

were diagnosed immediately

41%

waited 1 year or longer for a diagnosis (38% in 2015

87% have a family doctor

82%

have a family doctor in their community that treats mental illness (88% in 2015)

74%

have visited that family doctor to treat mental illness

(77% in 2015)

Those who have not seen a family doctor about their mental right person to talk to

Reasons for being dissatisfied with care provided for patients with mental illness:

- A perceived *lack of prioritization* of mental health patients
- Lengthy wait times
- A perception that health care providers rush through patient consultations
- Staff lacking respect, empathy or concern

EXEMPLY - - ----

illness still say they do not feel their GP is the Dissatisfied with the overall care provided at:

55% Hospital Emergency Room 57% Walk-in Clinics

Progress has been made 🔽 78%

over the past 5 years...



70%

are more comfortable about mental health issues with others

✓ 52%

believe the stigm associated with mental illness has been redu (56% in 2015)

√ 55%

believe attitudes about mental health issues have

But... 🔀 71%

believe people with mental

or more continue to see a need for improvement in Canada's provision of mental health care services

So...

Where should the Government **focus** its efforts?

There are critical areas of focus:

- Accessibility of mental health care
- professionals
- Increased funding
- Training mental health care workers
- · Increased community mental health services
- Support for families
- · Safe, affordable housing for persons with mental illness
- · Increase investments in collaborative approach
- Coordinated Federal and Provincial mental health plan
- Increased funding for coordinated mental health research



86%

95%

are able to access

take their medications

say their medications are

effective (60% in 2015)

as prescribed all or

most of the time



