

The Veteran Volunteerism Initiative






Mood Disorders Society of Canada
Société pour les troubles de l'humeur du Canada

Mood Disorders Society of Canada (MDSC) is a national charitable mental health organization. MDSC has evolved to become one of Canada's best-connected mental health Non-Governmental Organizations.

Visit our websites for mental health resources, programs and tools to support your wellness.



Apply at:

-  VeteransPeerSupport.ca
-  info@VeteransPeerSupport.ca
-  Call/Text: (613) 921-5565



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Peer & Trauma Support Systems



We gratefully acknowledge project funding provided by
True Patriot Love Foundation



CANADA'S FOUNDATION FOR
THE MILITARY COMMUNITY



Veteran Volunteerism Initiative

The Veteran Volunteerism Initiative (VVI) harnesses the skills and spirit of service among Veterans to help local partners deliver services and strengthen their communities.

VeteransPeerSupport.ca



Opportunities

Examples of some areas to Volunteer:

- One-on-One Companionship Calls
- Online Veteran Forum Moderators
- MIRA AI Chatbot Resource Identifier
- Veteran Resources Research Assistants
- Various MDSC Programs Assistant

1 Companionship Phone Calls

MDSC provides companionship calls so Veterans and their Family Members can connect and engage in one-on-one phone calls, speaking informally with a caring person.

Companionship calls offer safe, private and trust-based conversations. Share your thoughts and feelings or discuss everyday events. Take our program training and become a Companionship Call Volunteer or Veteran Peer Caller.

2 MIRA – The Mental Health Virtual Assistant

As a Veteran Volunteer, you can help us populate our Mental Health Virtual Assistant with Veteran Resources. There are two volunteer opportunities working with MIRA - the AI Chatbot Resource Identifier and the Veteran Resource Research Assistant. Veteran Volunteers help identify and categorize new resources that support Veterans for vetting to the MIRA library.


3 MDSC Veteran Forum Moderator

The MDSC Discussion Forum is a way of bringing people together on-line, who share a common concern, interest, or issue. It is a way to ask questions, connect with people by sharing your experience. We anticipate opening up a Veteran and Veteran Family only section, and require Veteran Volunteers to help with registrations and the monitoring of discussions.

To learn more about the Veteran Volunteerism Initiative, you can apply online, send an email or call. Our team will direct you to the program that suits your needs.

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