




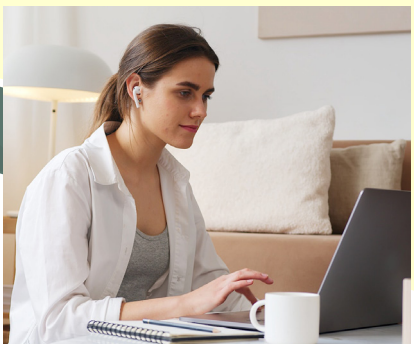


To learn more about the program for Veterans & Veteran Family Members or to register:

 VeteransPeerSupport.ca

 info@VeteransPeerSupport.ca
info@mdsc.ca

 Call/Text: (613) 921-5565



Peer Support Training for Ontario Veterans & their Family Members

 **Mood Disorders Society of Canada**
Société pour **les troubles de l'humeur** du Canada

To improve the quality of life of Canadians impacted by mental illness so they can live the most fulfilling life possible.

Visit our websites for mental health resources, programs and tools to support your wellness.

Program Partners

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www.mdsc.ca



Legion 
Ontario Command

Ontario Command Peer Support Workshop

About the Program

'Hope is the starting point from which a journey of recovery must begin'. This is the foundation of peer support.

This program provides peer support training to Veterans and their Families in the province of Ontario.

Peer Support Training

Ontario Veterans and their Family Members can enroll in our virtual peer support training. Programs are regularly scheduled for your convenience.

This impactful course provides you with the skills and resources to guide your development as a peer supporter.

This training is delivered by MDSC's Peer and Trauma Support Services Team. It focuses on the 'persons – centered approach'



Program Partners



MDSC's Peer and Trauma Support Systems (PATSS) is an international peer support guidance and training program developed in Canada.

The training is available in English and French. The program also offers peer support training to the 2SLGBTQ+ community.

Learn more about PATSS by visiting PeerSupport.mdsc.ca.

The program is built upon four themes:

1. It is Evidence-Based
2. Understanding the fundamental principles of peer support
3. The social and historical context of peer support
4. Concepts and methods that promote peer support



VeteransPeerSupport.ca

