



Ontario Command Peer Support and Resource Program



Mood Disorders Society of Canada
Société pour **les troubles de l'humeur** du Canada

To improve the quality of life of Canadians impacted by mental illness so they can live the most fulfilling life possible.

Visit our websites for mental health resources, programs and tools to support your wellness.



Mood Disorders Society of Canada
Société pour **les troubles de l'humeur** du Canada
www.mdsc.ca



To learn more about the program for Veterans & Veteran Family Members or to register:



VeteransPeerSupport.ca



info@VeteransPeerSupport.ca



Call/Text: (613) 921-5565



Program Partners



Ontario Command Peer Support and Resource Program

Peer Support Workshops

Mental Health Resources

About the Program

Ontario Command Peer Support and Resource Program will engage Veterans and their Family Members in support of their wellness, knowledge and connections.

There are two options available in this program to assist Veterans and/or their Family Members at no cost.

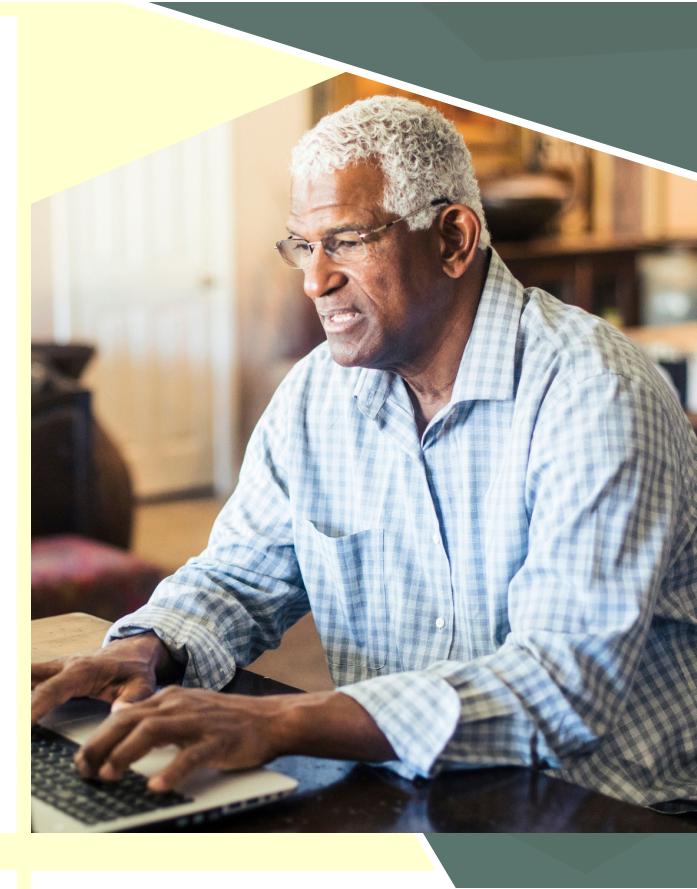


Peer Support Training

Ontario Veterans and their Family Members can enroll in our virtual peer support training. Programs are regularly scheduled for your convenience.

This impactful course provides you with the skills and resources to guide your development as a peer supporter.

This training is delivered by MDSC's Peer and Trauma Support Services Team. It focuses on the 'persons – centered approach'



Program Partners



MDSC's Peer and Trauma Support Systems (PATSS) is an international peer support guidance and training program developed in Canada.

The training is available in English and French. The program also offers peer support training to the 2SLGBTQ+ community.

Learn more about PATSS by visiting PeerSupport.mdsc.ca.

Mental Health Resources

Mood Disorders Society of Canada's (MDSC) extensive programs, resources, tools and supports are available through this program.



VeteransPeerSupport.ca